Imam Al-Ghazali (1058–1111 CE), one of Islam's most renowned theologians, philosophers, and mystics, authored the monumental work Ihya' Ulum al-Din (The Revival of the Religious Sciences), which is divided into four quarters addressing worship, social norms, destructive traits, and salvific virtues. Book 20 of the Ihya' focuses on the character and way of life of the Prophet Muhammad (peace and blessings be upon him). Below is a comprehensive explanation of this topic based on Ghazali's exposition.

Overview of Book 20: The Prophet's Character and Way of Life

Imam Al-Ghazali sought to present the Prophet Muhammad as the ultimate model for human behavior, emphasizing his balanced, noble, and divinely guided character. Book 20 delves into various dimensions of the Prophet's life, illustrating how he serves as a paragon for ethical conduct, spirituality, and practical living.

Key Themes in Book 20

1. The Prophet's Noble Character

- Compassion and Mercy: The Prophet was a manifestation of Allah's mercy. He was gentle with his companions and forgiving of those who wronged him, exemplifying the Quranic verse: "We have not sent you, [O Muhammad], except as a mercy to the worlds" (Quran 21:107).
- **Humility:** Despite his exalted status, he lived humbly—mending his clothes, milking goats, and never showing arrogance.
- Truthfulness and Trustworthiness: Known as "Al-Amin" (The Trustworthy), he embodied integrity in all dealings, earning universal respect even before his prophethood.

2. The Prophet's Daily Practices

- Moderation in Worship: The Prophet balanced his worship with worldly responsibilities. He would pray extensively at night but advised against excessive practices that might cause hardship.
- Dietary Habits: His eating was marked by moderation. He appreciated simple meals and refrained from overindulgence, aligning with his teachings of avoiding waste.
- Interactions with Family: He was kind and affectionate towards his family, participating in household chores and showing deep respect for his spouses.

3. Social Interactions

- **Inclusivity:** The Prophet welcomed people of all backgrounds, fostering a spirit of brotherhood and unity.
- **Justice:** He was a just leader, ensuring fairness in judgments and standing firm against nepotism or favoritism.
- **Generosity:** His generosity knew no bounds; he often gave away what he had, prioritizing others over himself.

4. Spiritual Qualities

- Reliance on Allah (Tawakkul): He demonstrated complete trust in Allah, relying on divine wisdom in all matters.
- **Gratitude:** He constantly expressed gratitude to Allah, whether in ease or hardship, teaching his followers to be content with divine decree.
- **Repentance:** Though sinless, he sought forgiveness from Allah multiple times a day, underscoring humility and the importance of turning to Allah.

5. The Prophet as a Leader

- **Servant Leadership:** He led by example, often engaging in the same labor as his companions, such as digging trenches during battle preparations.
- **Consultation:** He practiced shura (consultation), involving his companions in decision-making.
- **Visionary Guidance**: His leadership was transformative, turning a tribal society into a unified, ethical community.

Practical Lessons Derived from the Prophet's Character

1. Balancing Spirituality and Worldly Life:

Imam Al-Ghazali emphasizes the Prophet's ability to integrate deep spirituality with practical daily living, making him an accessible role model for all.

2. Emulating the Prophet's Ethics:

Strive for truthfulness, patience, and justice in personal and social contexts.

Adopt humility and gratitude as fundamental traits.

3. Focusing on Inner Transformation:

Ghazali highlights that external acts of worship must be complemented by sincere intentions and purified hearts, inspired by the Prophet's focus on internal moral excellence.

4. Prioritizing the Welfare of Others:

The Prophet's altruism serves as a call to selflessness and concern for the community.

Conclusion: The Most Beautiful Example

Imam Al-Ghazali concludes that following the Prophet's way is not merely about imitation but about understanding and embodying the virtues he represented. For Al-Ghazali, the Prophet's life encapsulates the ideal synthesis of faith, morality, and humanity. Book 20 of the Ihya' is thus a roadmap for those seeking to align their lives with divine guidance by mirroring the best of creation.